
STATUTORY INSTRUMENTS

2020 No. 1045

**The Health Protection (Coronavirus, Restrictions)
(Self-Isolation) (England) Regulations 2020**

PART 1

[^{F1}Meaning of self-isolate

2.—(1) For the purposes of this Part “self-isolate” means P is subject to the following restrictions—

- (a) P must remain in—
 - (i) P’s home,
 - (ii) the home of a friend or family member of P or of R, where P is a child,
 - (iii) bed and breakfast accommodation,
 - (iv) accommodation provided or arranged under section 4, 95 or 98 of the Immigration and Asylum Act 1999, or
 - (v) another suitable place, and
- (b) P must not leave the place specified in sub-paragraph (a) except where paragraph (2) applies.

(2) This paragraph applies where it is necessary for P to leave the place specified in paragraph (1) (a)—

- (a) to seek medical assistance, where this is required urgently or on the advice of a registered medical practitioner, including to access—
 - (i) services from dentists, opticians, audiologists, chiropodists, chiropractors, osteopaths and other medical or health practitioners, or
 - (ii) services relating to mental health;
- (b) to access veterinary services, where this is required urgently or on the advice of a veterinary surgeon;
- (c) to fulfil a legal obligation, including attending court or satisfying bail conditions, or participating in legal proceedings;
- (d) to escape a risk of harm;
- (e) to attend a funeral of a close family member;
- (f) to obtain basic necessities, such as food and medical supplies for those in the same household (including any pets or animals in the household) where it is not possible to obtain these provisions in any other manner;
- (g) to access critical public services, including social services, and services provided to victims (such as victims of crime);

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Changes to legislation: There are currently no known outstanding effects for the The Health Protection (Coronavirus, Restrictions) (Self-Isolation) (England) Regulations 2020, PART 1. (See end of Document for details)

- (h) where paragraph (1)(a) or (b) of regulation 2B applies to P but P is not exempt from the duty to self-isolate by virtue of paragraph (2)(b) or (3)(b) of that regulation, to take part in coronavirus related research as a close contact;
 - (i) to move to a different place specified in paragraph (1)(a), where it becomes impracticable to remain at the place at which they are;
 - (j) to attend a testing site to take a test for the detection of coronavirus;
 - (k) to accompany a child (“C”) for whom P is a responsible adult to a testing site, so that C can take a test for the detection of coronavirus;
 - (l) to post a completed home test for the detection of coronavirus carried out by P, or any person living in the same household as P, in accordance with the postal testing scheme operated on behalf of the Secretary of State;
 - (m) to agree to participate, or give agreement on behalf of a child for whom P is a responsible adult for that child to participate, in a testing scheme (within the meaning of regulation 2D), where that agreement cannot be given from the place where P is self-isolating;
 - (n) where paragraph (1)(a) or (b) of regulation 2B applies to P—
 - (i) to accompany an expectant mother (“K”) to any medical appointment related to the pregnancy throughout the antenatal period, at K’s request, or
 - (ii) to attend an expectant mother giving birth (“M”), at M’s request.
- (3) For the purposes of paragraph (2)—
- “the antenatal period” means the period beginning with the start of the pregnancy and ending with the onset of labour;
- “testing site” means a site operated by, or on behalf of, the Secretary of State for the carrying out of tests for the detection of coronavirus.

Textual Amendments

F1 Regs. 2-2D substituted for reg. 2 (29.3.2021) by [The Health Protection \(Coronavirus, Restrictions\) \(Steps\) \(England\) Regulations 2021 \(S.I. 2021/364\)](#), reg. 1(2), **Sch. 8 para. 10** (with reg. 21, Sch. 8 para. 22)

Modifications etc. (not altering text)

C1 [Reg. 2\(2\)](#) applied (with modifications) (17.5.2021 at 4.00 a.m.) by [The Health Protection \(Coronavirus, International Travel and Operator Liability\) \(England\) Regulations 2021 \(S.I. 2021/582\)](#), reg. 1(2), **Sch. 9 para. 2(4)** (with regs. 25, 26(4))

Requirements on person notified of positive test result for coronavirus

- 2A.—**(1) This regulation applies where an adult is notified by a relevant person, other than by means of the NHS Covid 19 smartphone app developed and operated by the Secretary of State, that—
- (a) they have tested positive for coronavirus, or
 - (b) a child in respect of whom they are a responsible adult has tested positive for coronavirus.
- (2) Where paragraph (1)(a) applies, the person notified must—
- (a) self-isolate for the period of self-isolation, and
 - (b) notify the relevant person of the name of each person living in the same household as P.
- (3) Where paragraph (1)(b) applies, R must—

- (a) secure, so far as reasonably practicable, that the child self-isolates for the period of self-isolation, and
 - (b) notify the relevant person of the name of each person living in the same household as the child.
- (4) But paragraph (2) or (3) (as the case may be) does not apply if—
- (a) the person in respect of whom the notification is given under paragraph (1) (“NP”) is taking part in coronavirus related research,
 - (b) NP, or R where NP is a child, has previously been given a relevant notification (see paragraph 6), and
 - (c) the test pursuant to which NP or R is now being notified under paragraph (1)(a) or (b) (as the case may be) was carried out within the relevant period determined in accordance with paragraph (5).
- (5) For the purposes of paragraph (4)(c), the relevant period is—
- (a) the period of 90 days beginning with the date of the first test pursuant to which NP or R, where NP is a child, was previously given a relevant notification;
 - (b) where the period in sub-paragraph (a) (“the original period”) has ended, the period of 90 days beginning with the date of the first test pursuant to which—
 - (i) NP was previously given a relevant notification, or
 - (ii) where NP is a child, R was previously given a relevant notification, after the end of the original period;
 - (c) where the period in sub-paragraph (b) (“the subsequent period”) has ended, the period of 90 days beginning with the date of the first test pursuant to which—
 - (i) NP was previously given a relevant notification, or
 - (ii) where NP is a child, R was previously given a relevant notification, after the end of the subsequent period, and so on.
- (6) For the purposes of paragraphs (4) and (5) “relevant notification” means—
- (a) a notification under paragraph (1)(a), or
 - (b) where NP is a child, a notification under paragraph (1)(b) that NP has tested positive for coronavirus.
- (7) In addition, P, or R where P is a child, must, if requested by a relevant person, notify that person of the address at which P will remain pursuant to the requirement in regulation 2(1)(a).
- (8) If a relevant person notifies P, or R where P is a child, that a notification referred to in paragraph (1) in respect of P is withdrawn, such notification is deemed never to have been given for the purposes of these Regulations.
- (9) This regulation is subject to regulation 2C.

Textual Amendments

- F1** Regs. 2-2D substituted for reg. 2 (29.3.2021) by [The Health Protection \(Coronavirus, Restrictions\) \(Steps\) \(England\) Regulations 2021 \(S.I. 2021/364\)](#), reg. 1(2), **Sch. 8 para. 10** (with reg. 21, Sch. 8 para. 22)

Status: Point in time view as at 17/05/2021.

Changes to legislation: There are currently no known outstanding effects for the The Health Protection (Coronavirus, Restrictions) (Self-Isolation) (England) Regulations 2020, PART 1. (See end of Document for details)

Modifications etc. (not altering text)

- C2** Reg. 2A restricted (17.5.2021 at 4.00 a.m.) by [The Health Protection \(Coronavirus, International Travel and Operator Liability\) \(England\) Regulations 2021 \(S.I. 2021/582\)](#), reg. 1(2), **Sch. 8 paras. 3-6** (with regs. 25, 26(4))

Requirements on person notified as a close contact of a person who has tested positive for coronavirus

2B.—(1) This regulation applies where an adult is notified by a relevant person, other than by means of the NHS Covid 19 smartphone app developed and operated by the Secretary of State, that—

- (a) they have had close contact with someone who has tested positive for coronavirus, or
- (b) a child in respect of whom they are a responsible adult has come into close contact with someone who has tested positive for coronavirus.

(2) Where paragraph (1)(a) applies, the person notified must self-isolate for the period of self-isolation unless—

- (a) they are taking part in coronavirus related research, and
- (b) that research cannot be completed if they self-isolate.

(3) Where paragraph (1)(b) applies, R must secure, so far as reasonably practicable, that the child self-isolates for the period of self-isolation unless—

- (a) the child is taking part in coronavirus related research, and
- (b) that research cannot be completed if the child self-isolates.

(4) In addition, P, or R where P is a child, must if, requested by a relevant person, notify that person of the address at which P will remain pursuant to the requirement in regulation 2(1)(a).

(5) If a relevant person notifies P, or R where P is a child, that a notification referred to in paragraph (1) in respect of P is withdrawn, such notification is deemed never to have been given for the purposes of these Regulations.

Textual Amendments

- F1** Regs. 2-2D substituted for reg. 2 (29.3.2021) by [The Health Protection \(Coronavirus, Restrictions\) \(Steps\) \(England\) Regulations 2021 \(S.I. 2021/364\)](#), reg. 1(2), **Sch. 8 para. 10** (with reg. 21, Sch. 8 para. 22)

Circumstances in which the requirement to self-isolate in regulation 2A ceases to apply

2C.—(1) This regulation applies where—

- (a) paragraph (1)(a) or (b) of regulation 2A applies to P,
- (b) P is not taking part in coronavirus related research, and
- (c) before the end of the period of self-isolation—
 - (i) P, or R where P is a child, is advised by a relevant person, other than by means of the NHS Covid 19 smartphone app developed and operated by the Secretary of State (“the app”), that P should take a further test to confirm the result of the test that triggered the application of paragraph (1)(a) or (b) of regulation 2A to P,
 - (ii) P takes that further test, and
 - (iii) P or R (as the case may be) is notified by a relevant person, other than by means of the app, that the result of that test is negative.

(2) Where this regulation applies, paragraph (2) or (3) of regulation 2A (as the case may be) ceases to apply from the time when P or R (as the case may be) is notified as described in paragraph (1)(c)(iii).

Textual Amendments

- F1** Regs. 2-2D substituted for reg. 2 (29.3.2021) by [The Health Protection \(Coronavirus, Restrictions\) \(Steps\) \(England\) Regulations 2021 \(S.I. 2021/364\)](#), reg. 1(2), **Sch. 8 para. 10** (with reg. 21, Sch. 8 para. 22)

Requirements on persons who are close contacts of persons who have tested positive for coronavirus: exceptions for participants in a testing scheme

2D.—(1) This regulation applies where—

- (a) paragraph (1)(a) or (b) of regulation 2B applies to P,
- (b) P is not taking part in coronavirus related research,
- (c) P was not, immediately before the relevant notification was given to P, or R where P is a child, subject to the requirement to self-isolate in [^{F2}regulation 9 of the Health Protection (Coronavirus, International Travel and Operator Liability) (England) Regulations 2021],
- (d) P is eligible to participate in a testing scheme, and
- (e) P agrees to participate, or R, where P is a child, agrees to P participating, in that testing scheme.

(2) Regulation 2B(2)(a) or (3)(a) (as the case may be) does not apply, whilst P—

- (a) remains eligible to participate in the testing scheme, and
- (b) is participating in it in accordance with the requirements of the scheme.

(3) Paragraph (2) ceases to apply to P from the relevant time if—

- (a) the result of a test taken by P under the testing scheme is positive for coronavirus, or
- (b) after the agreement is given as described in paragraph (1)(e), P receives a further notification, or R, where P is a child, receives a further notification in respect of P, given under regulation 2B(1).

(4) For the purposes of paragraph (3) “the relevant time” is the time when P, or R where P is a child, receives the result of the test or the notification given under regulation 2B(1).

(5) Where—

- (a) the result of the last test that P is required to take in accordance with the testing scheme is negative, and
- (b) P, or R where P is a child, receives the result of that test before the end of P’s relevant period of self-isolation,

that period ends at the time when P or R (as the case may be) is notified of the result.

(6) For the purposes of this regulation—

“the relevant period of self-isolation” means the period of self-isolation which began when P or R (as the case may be) received the relevant notification;

“the relevant notification” means the notification given under regulation 2B which triggers the application of paragraph (1)(a) or (b) of that regulation to P;

“testing scheme” means a scheme—

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- (a) under which participants take a test for the detection of coronavirus at such intervals as are specified in the scheme for a period specified in the scheme, and at a place and in a manner specified in the scheme, and
- (b) which is approved by, or on behalf of, the Secretary of State.]

Textual Amendments

- F1** Regs. 2-2D substituted for reg. 2 (29.3.2021) by [The Health Protection \(Coronavirus, Restrictions\) \(Steps\) \(England\) Regulations 2021 \(S.I. 2021/364\)](#), reg. 1(2), **Sch. 8 para. 10** (with reg. 21, Sch. 8 para. 22)
- F2** Words in reg. 2D(1)(c) substituted (17.5.2021 at 4.00 a.m.) by [The Health Protection \(Coronavirus, International Travel and Operator Liability\) \(England\) Regulations 2021 \(S.I. 2021/582\)](#), reg. 1(2), **Sch. 15 para. 2(2)** (with regs. 25, 26(4))

Period of self-isolation

- 3.—^{F3}(1) The period of self-isolation for the purposes of this Part is calculated as follows.]
- (2) The period begins from the moment notification is received by—
- (a) P where P is an adult, or
 - (b) R where P is a child.
- (3) The period ends with the final day of a period where ^{F4}regulation 2A(1)(a) or (b)] applies, of ten days beginning—
- (a) in a case where P, or R where P is a child, reports to a ^{F5}relevant person][^{F6}the date] on which symptoms first developed [^{F7}(“the reported date”)], with whichever is the later of—
 - ^{F8}[^{F9}(i) the date after the reported date, or]
 - (ii) where [^{F10}the] reported date is five or more days before the date on which the test pursuant to which the notification referred to in [^{F11}regulation 2A(1)] was given, the fourth day before the date of the test;]
 - (b) in any other case, [^{F12}with][^{F13}the date after] the date of the test pursuant to which notification referred to in [^{F14}regulation 2A(1)] was given;
- (4) The period ends with the final day of a period where ^{F15}regulation 2B(1)(a) or (b)] applies, of [^{F16}10] days beginning—
- (a) where P is living in the same household as the person (“C”) who tested positive for coronavirus—
 - (i) in a case where C, or R where C is a child, [^{F17}reports] to a [^{F18}relevant person][^{F19}the date] on which symptoms first developed [^{F20}(“the reported date”)], with whichever is the later of—
 - ^{F21}[^{F22}(aa) the date after the reported date, or]
 - (bb) where [^{F23}the] reported date is five or more days before the date on which the test pursuant to which the notification referred to in [^{F24}regulation 2B(1)] was given, the fourth day before the date of the test;]
 - (ii) otherwise, with [^{F25}the date after] the date of the test pursuant to which notification referred to in [^{F26}regulation 2B(1)] was given;

- (b) in any other case, [^{F27}the date after the date] which a [^{F28}relevant person] records as being the last date on which P last came into close contact with C before P received the notification referred to in [^{F29}regulation 2B(1)].

Textual Amendments

- F3** Reg. 3(1) substituted (29.3.2021) by The Health Protection (Coronavirus, Restrictions) (Steps) (England) Regulations 2021 (S.I. 2021/364), reg. 1(2), **Sch. 8 para. 11(2)** (with reg. 21, Sch. 8 para. 22)
- F4** Words in reg. 3(3) substituted (29.3.2021) by The Health Protection (Coronavirus, Restrictions) (Steps) (England) Regulations 2021 (S.I. 2021/364), reg. 1(2), **Sch. 8 para. 11(3)(a)** (with reg. 21, Sch. 8 para. 22)
- F5** Words in reg. 3(3)(a) substituted (29.3.2021) by The Health Protection (Coronavirus, Restrictions) (Steps) (England) Regulations 2021 (S.I. 2021/364), reg. 1(2), **Sch. 8 para. 11(3)(b)(i)** (with reg. 21, Sch. 8 para. 22)
- F6** Words in reg. 3(3)(a) substituted (29.1.2021 at 5.00 p.m.) by The Health Protection (Coronavirus, Restrictions) (All Tiers and Self-Isolation) (England) (Amendment) Regulations 2021 (S.I. 2021/97), regs. 1(2), **4(3)(a)(i)(aa)**
- F7** Words in reg. 3(3)(a) inserted (29.1.2021 at 5.00 p.m.) by The Health Protection (Coronavirus, Restrictions) (All Tiers and Self-Isolation) (England) (Amendment) Regulations 2021 (S.I. 2021/97), regs. 1(2), **4(3)(a)(i)(bb)**
- F8** Reg. 3(3)(a)(i)(ii) substituted (14.12.2020) by The Health Protection (Coronavirus, Restrictions) (Self-Isolation and Linked Households) (England) Regulations 2020 (S.I. 2020/1518), regs. 1(1)(3), **2(2)(a)(i)** (with reg. 3)
- F9** Reg. 3(3)(a)(i) substituted (29.1.2021 at 5.00 p.m.) by The Health Protection (Coronavirus, Restrictions) (All Tiers and Self-Isolation) (England) (Amendment) Regulations 2021 (S.I. 2021/97), regs. 1(2), **4(3)(a)(ii)**
- F10** Word in reg. 3(3)(a)(ii) substituted (29.1.2021 at 5.00 p.m.) by The Health Protection (Coronavirus, Restrictions) (All Tiers and Self-Isolation) (England) (Amendment) Regulations 2021 (S.I. 2021/97), regs. 1(2), **4(3)(a)(iii)**
- F11** Words in reg. 3(3)(a)(ii) substituted (29.3.2021) by The Health Protection (Coronavirus, Restrictions) (Steps) (England) Regulations 2021 (S.I. 2021/364), reg. 1(2), **Sch. 8 para. 11(3)(b)(ii)** (with reg. 21, Sch. 8 para. 22)
- F12** Word in reg. 3(3)(b) inserted (2.12.2020) by The Health Protection (Coronavirus, Restrictions) (Local Authority Enforcement Powers and Amendment) (England) Regulations 2020 (S.I. 2020/1375), reg. 1(1), **Sch. para. 27(b)** (with Sch. para. 35)
- F13** Words in reg. 3(3)(b) inserted (14.12.2020) by The Health Protection (Coronavirus, Restrictions) (Self-Isolation and Linked Households) (England) Regulations 2020 (S.I. 2020/1518), regs. 1(1)(3), **2(2)(b)** (with reg. 3)
- F14** Words in reg. 3(3)(b) substituted (29.3.2021) by The Health Protection (Coronavirus, Restrictions) (Steps) (England) Regulations 2021 (S.I. 2021/364), reg. 1(2), **Sch. 8 para. 11(3)(c)** (with reg. 21, Sch. 8 para. 22)
- F15** Words in reg. 3(4) substituted (29.3.2021) by The Health Protection (Coronavirus, Restrictions) (Steps) (England) Regulations 2021 (S.I. 2021/364), reg. 1(2), **Sch. 8 para. 11(4)(a)** (with reg. 21, Sch. 8 para. 22)
- F16** Word in reg. 3(4) substituted (14.12.2020) by The Health Protection (Coronavirus, Restrictions) (Self-Isolation and Linked Households) (England) Regulations 2020 (S.I. 2020/1518), regs. 1(1)(3), **2(3)(a)** (with reg. 3)
- F17** Word in reg. 3(4)(a)(i) substituted (29.1.2021 at 5.00 p.m.) by The Health Protection (Coronavirus, Restrictions) (All Tiers and Self-Isolation) (England) (Amendment) Regulations 2021 (S.I. 2021/97), regs. 1(2), **4(3)(b)(i)(aa)**

Status: Point in time view as at 17/05/2021.

Changes to legislation: There are currently no known outstanding effects for the The Health Protection (Coronavirus, Restrictions) (Self-Isolation) (England) Regulations 2020, PART 1. (See end of Document for details)

- F18** Words in reg. 3(4)(a)(i) substituted (29.3.2021) by The Health Protection (Coronavirus, Restrictions) (Steps) (England) Regulations 2021 (S.I. 2021/364), reg. 1(2), **Sch. 8 para. 11(4)(b)** (with reg. 21, Sch. 8 para. 22)
- F19** Words in reg. 3(4)(a)(i) substituted (29.1.2021 at 5.00 p.m.) by The Health Protection (Coronavirus, Restrictions) (All Tiers and Self-Isolation) (England) (Amendment) Regulations 2021 (S.I. 2021/97), regs. 1(2), **4(3)(b)(i)(bb)**
- F20** Words in reg. 3(4)(a)(i) inserted (29.1.2021 at 5.00 p.m.) by The Health Protection (Coronavirus, Restrictions) (All Tiers and Self-Isolation) (England) (Amendment) Regulations 2021 (S.I. 2021/97), regs. 1(2), **4(3)(b)(i)(cc)**
- F21** Reg. 3(4)(a)(i)(aa)(bb) substituted (14.12.2020) by The Health Protection (Coronavirus, Restrictions) (Self-Isolation and Linked Households) (England) Regulations 2020 (S.I. 2020/1518), regs. 1(1)(3), **2(3)(b)(i)(aa)** (with reg. 3)
- F22** Reg. 3(4)(a)(i)(aa) substituted (29.1.2021 at 5.00 p.m.) by The Health Protection (Coronavirus, Restrictions) (All Tiers and Self-Isolation) (England) (Amendment) Regulations 2021 (S.I. 2021/97), regs. 1(2), **4(3)(b)(ii)**
- F23** Word in reg. 3(4)(a)(i)(bb) substituted (29.1.2021 at 5.00 p.m.) by The Health Protection (Coronavirus, Restrictions) (All Tiers and Self-Isolation) (England) (Amendment) Regulations 2021 (S.I. 2021/97), regs. 1(2), **4(3)(b)(iii)**
- F24** Words in reg. 3(4)(a)(i)(bb) substituted (29.3.2021) by The Health Protection (Coronavirus, Restrictions) (Steps) (England) Regulations 2021 (S.I. 2021/364), reg. 1(2), **Sch. 8 para. 11(4)(c)(i)** (with reg. 21, Sch. 8 para. 22)
- F25** Words in reg. 3(4)(a)(ii) inserted (14.12.2020) by The Health Protection (Coronavirus, Restrictions) (Self-Isolation and Linked Households) (England) Regulations 2020 (S.I. 2020/1518), regs. 1(1)(3), **2(3)(b)(ii)** (with reg. 3)
- F26** Words in reg. 3(4)(a)(ii) substituted (29.3.2021) by The Health Protection (Coronavirus, Restrictions) (Steps) (England) Regulations 2021 (S.I. 2021/364), reg. 1(2), **Sch. 8 para. 11(4)(c)(ii)** (with reg. 21, Sch. 8 para. 22)
- F27** Words in reg. 3(4)(b) substituted (14.12.2020) by The Health Protection (Coronavirus, Restrictions) (Self-Isolation and Linked Households) (England) Regulations 2020 (S.I. 2020/1518), regs. 1(1)(3), **2(3)(c)** (with reg. 3)
- F28** Words in reg. 3(4)(b) substituted (29.3.2021) by The Health Protection (Coronavirus, Restrictions) (Steps) (England) Regulations 2021 (S.I. 2021/364), reg. 1(2), **Sch. 8 para. 11(4)(d)** (with reg. 21, Sch. 8 para. 22)
- F29** Words in reg. 3(4)(b) substituted (29.3.2021) by The Health Protection (Coronavirus, Restrictions) (Steps) (England) Regulations 2021 (S.I. 2021/364), reg. 1(2), **Sch. 8 para. 11(4)(c)(iii)** (with reg. 21, Sch. 8 para. 22)

Commencement Information

- I1** Reg. 3 in force at 28.9.2020, see reg. 1(2)

Amendment of the Health Protection (Coronavirus, Collection of Contact Details etc and Related Requirements) Regulations 2020

4. The Health Protection (Coronavirus, Collection of Contact Details etc and Related Requirements) Regulations 2020^{M1} are amended as follows—

- (a) in regulation 4 (interpretation), in the definition of “local authority”, in paragraph (b) omit the words “for an area in which there is no County Council”;
- (b) in regulation 14 (requirement to retain and disclose details), after “Secretary of State” insert “ or a Public Health Officer ”;
- (c) in regulation 17 (offences and penalties)—
 - (i) in paragraph (1)(g), for “regulation 15” substitute “ regulation 14 ”,

- (ii) after paragraph (1)(g), as so amended, insert “ ; (h) regulation 16 ”;
- (d) in regulation 18 (fixed penalty notices)—
 - (i) in paragraph (7)(b), for “£3000”, substitute “ £4000 ”,
 - (ii) in paragraph 7(c), for “£4000”, substitute “ £10,000 ”,
 - (iii) in paragraph (8), for “relevant” substitute “ specified ”;
- (e) in the Schedule (Listed Services), in paragraph 2(i), insert “ including gyms ” after “leisure centres”.

Commencement Information

I2 Reg. 4 in force at 28.9.2020, see reg. 1(2)

Marginal Citations

M1 S.I. 2020/1005.

[^{F30}General interpretation] of Part 1

5.—[^{F31}(1)] In Part 1—

“adult” means a person aged 18 or over;

“child” means a person aged under 18;

“close contact” means—

- (a) having face-to-face contact with someone at a distance of less than 1 metre,
- (b) spending more than 15 minutes within 2 metres of an individual, [^{F32}or]
- (c) travelling in a car or other small vehicle with an individual or in close proximity to an individual on an aeroplane;

[^{F33}“coronavirus” means severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2);

“coronavirus related research” has the meaning given in paragraph (4);]

“P” means a person subject to the self-isolation requirement in [^{F34}regulation 2A(2)(a), 2A(3) (a), 2B(2) or 2B(3)] [^{F35}(as the case may be)];

“R” and “responsible adult” mean an adult who has—

- (d) custody or charge of a child for the time being, or
- (e) parental responsibility for a child within the meaning given in section 3 of the Children Act 1989.

[^{F36}“relevant person” means—

- (a) the Secretary of State,
- (b) a person who is employed or engaged for the purposes of the health service (within the meaning of section 275 of the National Health Service Act 2006) in communicable disease control, or
- (c) a person employed or engaged by a local authority in communicable disease control;

“self-isolate” has the meaning given in regulation 2;]

[^{F37}(2) For the purposes of this Part (other than regulation 4), references to a “local authority” include references to a county council.]

Status: Point in time view as at 17/05/2021.

Changes to legislation: There are currently no known outstanding effects for the The Health Protection (Coronavirus, Restrictions) (Self-Isolation) (England) Regulations 2020, PART 1. (See end of Document for details)

[^{F38}(3) For the purposes of regulations 2A, 2B and 2C a notification or, as the case may be, advice has effect if given—

- (a) orally (either in person or by telephone),
- (b) by text message,
- (c) by email, or
- (d) by letter.

(4) “Coronavirus related research” means health research (within the meaning given in section 110(3) of the Care Act 2014) which—

- (a) relates to the transmission, diagnosis or prevention of coronavirus, and
- (b) is carried out by, or on behalf of, a person who has approval from an ethics review body to carry out that research.

(5) For the purposes of paragraph (4) “ethics review body” means—

- (a) a research ethics committee recognised or established by the Health Research Authority under the Care Act 2014 (see section 109 of that Act), or
- (b) a body appointed by any of the following for the purposes of assessing the ethics of research involving individuals—
 - (i) the Secretary of State;
 - (ii) the Secretary of State acting jointly with the Scottish Ministers, the Welsh Ministers or a Northern Ireland department;
 - (iii) an institution that is a research institution for the purposes of Chapter 4A of Part 7 of the Income Tax (Earnings and Pensions) Act 2003 (see section 457 of that Act).]

Textual Amendments

- F30** Words in [reg. 5](#) heading substituted (29.3.2021) by [The Health Protection \(Coronavirus, Restrictions\) \(Steps\) \(England\) Regulations 2021 \(S.I. 2021/364\)](#), [reg. 1\(2\)](#), [Sch. 8 para. 12\(2\)](#) (with [reg. 21](#), [Sch. 8 para. 22](#))
- F31** [Reg. 5\(1\)](#): [reg. 5](#) renumbered as [reg. 5\(1\)](#) (2.12.2020) by virtue of [The Health Protection \(Coronavirus, Restrictions\) \(Local Authority Enforcement Powers and Amendment\) \(England\) Regulations 2020 \(S.I. 2020/1375\)](#), [reg. 1\(1\)](#), [Sch. para. 28\(2\)](#) (with [Sch. para. 35](#))
- F32** Word in [reg. 5\(1\)](#) inserted (29.3.2021) by [The Health Protection \(Coronavirus, Restrictions\) \(Steps\) \(England\) Regulations 2021 \(S.I. 2021/364\)](#), [reg. 1\(2\)](#), [Sch. 8 para. 12\(3\)\(a\)](#) (with [reg. 21](#), [Sch. 8 para. 22](#))
- F33** Words in [reg. 5\(1\)](#) inserted (29.3.2021) by [The Health Protection \(Coronavirus, Restrictions\) \(Steps\) \(England\) Regulations 2021 \(S.I. 2021/364\)](#), [reg. 1\(2\)](#), [Sch. 8 para. 12\(3\)\(b\)](#) (with [reg. 21](#), [Sch. 8 para. 22](#))
- F34** Words in [reg. 5\(1\)](#) substituted (29.3.2021) by [The Health Protection \(Coronavirus, Restrictions\) \(Steps\) \(England\) Regulations 2021 \(S.I. 2021/364\)](#), [reg. 1\(2\)](#), [Sch. 8 para. 12\(3\)\(c\)](#) (with [reg. 21](#), [Sch. 8 para. 22](#))
- F35** Words in [reg. 5\(1\)](#) inserted (2.12.2020) by [The Health Protection \(Coronavirus, Restrictions\) \(Local Authority Enforcement Powers and Amendment\) \(England\) Regulations 2020 \(S.I. 2020/1375\)](#), [reg. 1\(1\)](#), [Sch. para. 28\(3\)](#) (with [Sch. para. 35](#))
- F36** Words in [reg. 5\(1\)](#) inserted (29.3.2021) by [The Health Protection \(Coronavirus, Restrictions\) \(Steps\) \(England\) Regulations 2021 \(S.I. 2021/364\)](#), [reg. 1\(2\)](#), [Sch. 8 para. 12\(3\)\(d\)](#) (with [reg. 21](#), [Sch. 8 para. 22](#))
- F37** [Reg. 5\(2\)](#) inserted (2.12.2020) by [The Health Protection \(Coronavirus, Restrictions\) \(Local Authority Enforcement Powers and Amendment\) \(England\) Regulations 2020 \(S.I. 2020/1375\)](#), [reg. 1\(1\)](#), [Sch. para. 28\(4\)](#) (with [Sch. para. 35](#))

F38 Reg. 5(3)-(5) inserted (29.3.2021) by The Health Protection (Coronavirus, Restrictions) (Steps) (England) Regulations 2021 (S.I. 2021/364), reg. 1(2), **Sch. 8 para. 12(4)** (with reg. 21, Sch. 8 para. 22)

Commencement Information

I3 Reg. 5 in force at 28.9.2020, see reg. 1(2)

Status:

Point in time view as at 17/05/2021.

Changes to legislation:

There are currently no known outstanding effects for the The Health Protection (Coronavirus, Restrictions) (Self-Isolation) (England) Regulations 2020, PART 1.