

Regulation (EC) No 1924/2006 of the European Parliament and of the Council of 20 December 2006 on nutrition and health claims made on foods

CHAPTER IV

**HEALTH CLAIMS**

*Article 12*

**Restrictions on the use of certain health claims**

The following health claims shall not be allowed:

- (a) claims which suggest that health could be affected by not consuming the food;
- (b) claims which make reference to the rate or amount of weight loss;
- (c) claims which make reference to recommendations of individual doctors or health professionals and other associations not referred to in Article 11.