

Regulation (EC) No 1925/2006 of the European Parliament
and of the Council of 20 December 2006 on the addition of
vitamins and minerals and of certain other substances to foods

CHAPTER II

ADDITION OF VITAMINS AND MINERALS

Article 6

Conditions for the addition of vitamins and minerals

[^{F1} When a vitamin or a mineral is added to foods, the total amount of the vitamin or mineral present, for whatever purpose, in the food as sold shall not exceed maximum amounts. Measures setting that amount [^{F2} may be adopted by regulations made by the appropriate authority]. For concentrated and dehydrated products, the maximum amounts set shall be those present in the foods when prepared for consumption according to the manufacturer's instructions.]

[^{F12} [^{F3}The appropriate authority may by regulations specify] conditions restricting or prohibiting the addition of a specific vitamin or mineral to a food or a category of foods ^{F4}....]

3 The maximum amounts referred to in paragraph 1 and the conditions referred to in paragraph 2 shall be set taking into account:

- a upper safe levels of vitamins and minerals established by scientific risk assessment based on generally acceptable scientific data, taking into account, as appropriate, the varying degrees of sensitivity of different groups of consumers; and
- b intakes of vitamins and minerals from other dietary sources.

4 When the maximum amounts referred to in paragraph 1 and the conditions referred to in paragraph 2 are set, due account shall also be taken of reference intakes of vitamins and minerals for the population.

5 When the maximum amounts referred to in paragraph 1 and the conditions referred to in paragraph 2 are set for vitamins and minerals whose reference intakes for the population are close to the upper safe levels, the following shall also be taken into account, as necessary:

- a the contribution of individual products to the overall diet of the population in general or of sub-groups of the population;
- b the nutrient profile of the product established as provided for by Regulation (EC) No 1924/2006.

[^{F16} The addition of a vitamin or a mineral to a food shall result in the presence of that vitamin or mineral in the food in at least a significant amount where this is defined according to the [^{F5}Annex XIII to Regulation (EU) No 1169/2011]. Measures determining the minimum amounts, including any lower amounts, by derogation from the significant amounts mentioned above, for specific foods or categories of foods [^{F6} may be adopted by regulations made by the appropriate authority.]]

Changes to legislation: There are outstanding changes not yet made to Regulation (EC) No 1925/2006 of the European Parliament and of the Council. Any changes that have already been made to the legislation appear in the content and are referenced with annotations. (See end of Document for details) [View outstanding changes](#)

Textual Amendments

- F1** Substituted by [Regulation \(EC\) No 108/2008 of the European Parliament and of the Council of 15 January 2008 amending Regulation \(EC\) No 1925/2006 on the addition of vitamins and minerals and of certain other substances to foods.](#)
- F2** Words in Art. 6(1) substituted (E.W.S.) (31.12.2020) by [The Nutrition \(Amendment etc.\) \(EU Exit\) Regulations 2019 \(S.I. 2019/651\), regs. 1\(1\), **18\(7\)\(a\)**; 2020 c. 1, **Sch. 5 para. 1\(1\)**](#)
- F3** Words in Art. 6(2) substituted (E.W.S.) (31.12.2020) by [The Nutrition \(Amendment etc.\) \(EU Exit\) Regulations 2019 \(S.I. 2019/651\), regs. 1\(1\), **18\(7\)\(b\)\(i\)**; 2020 c. 1, **Sch. 5 para. 1\(1\)**](#)
- F4** Words in Art. 6(2) omitted (E.W.S.) (31.12.2020) by virtue of [The Nutrition \(Amendment etc.\) \(EU Exit\) Regulations 2019 \(S.I. 2019/651\), regs. 1\(1\), **18\(7\)\(b\)\(ii\)**; 2020 c. 1, **Sch. 5 para. 1\(1\)**](#)
- F5** Words in Art. 6(6) substituted (E.W.S.) (31.12.2020) by [The Nutrition \(Amendment etc.\) \(EU Exit\) Regulations 2019 \(S.I. 2019/651\), regs. 1\(1\), **18\(7\)\(c\)\(i\)**; 2020 c. 1, **Sch. 5 para. 1\(1\)**](#)
- F6** Words in Art. 6(6) substituted (E.W.S.) (31.12.2020) by [The Nutrition \(Amendment etc.\) \(EU Exit\) Regulations 2019 \(S.I. 2019/651\), regs. 1\(1\), **18\(7\)\(c\)\(ii\)**; 2020 c. 1, **Sch. 5 para. 1\(1\)**](#)

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Changes and effects yet to be applied to :

- Regulation applied (with modifications) by [S.I. 2023/959 reg. 4\(a\)Sch. 1](#)