

## **EXPLANATORY NOTE**

*(This note is not part of the Regulations)*

These Regulations give effect to European Commission Decision 2008/7472 of 22 December 2008 authorising the United Kingdom to grant exceptions, subject to certain conditions, from the application of Article 8 of Regulation (EC) No 561/2006 of the European Parliament and of the Council on the harmonisation of certain social legislation relating to road transport. They grant a limited exemption from the daily and weekly rest requirements in Article 8(2) and (6) of that Regulation for drivers who are members of a volunteer reserve force or instructors in the Cadet Corps whilst they are attending an annual camp training or weekend training session in the United Kingdom.