
SCOTTISH STATUTORY INSTRUMENTS

2014 No. 372

**The Children (Performances and
Activities) (Scotland) Regulations 2014**

PART 5

CONDITIONS APPLYING TO ALL PERFORMANCES

Children aged 9 or more

- 21.**—(1) This regulation applies to a child who is at least the age of 9.
- (2) A child must not be present at a place of performance or rehearsal—
- (a) for more than 9½ hours a day; and
 - (b) before 7 a.m. or after 11 p.m..
- (3) A child must not take part in a performance or rehearsal on any day—
- (a) for a continuous period of more than 1 hour without a rest break of not less than 15 minutes; and
 - (b) for a total period of more than 4 hours.
- (4) A child must not be present at a place of performance or rehearsal—
- (a) for more than 3½ consecutive hours without there being a meal break of not less than 1 hour; and
 - (b) for more than 8 consecutive hours without there being 2 meal breaks, the first being not less than 1 hour and the second not less than 30 minutes.
- (5) When calculating the number of hours on any day during which a child is present at a place of performance or rehearsal, any periods of education required to comply with the arrangements approved under regulation 12 must be taken into account, even if that education is provided somewhere other than at the place of performance or rehearsal.