
 STATUTORY INSTRUMENTS

1972 No. 1871

**MERCHANT SHIPPING
MASTERS AND SEAMEN**
The Merchant Shipping (Provisions and Water) Regulations 1972

Made - - - 30th November 1972

Laid before Parliament 11th December 1972

Coming into Operation 1st January 1973

The Secretary of State, after consulting with the organisations referred to in section 99(2) of the Merchant Shipping Act 1970(a), in exercise of powers conferred by section 21 of that Act and now vested in him(b), and of all other powers enabling him in that behalf, hereby makes the following Regulations:—

Citation, commencement and interpretation

1.—(1) These Regulations may be cited as the Merchant Shipping (Provisions and Water) Regulations 1972 and shall come into operation on 1st January 1973.

(2) In these Regulations—

“ship” means a ship registered in the United Kingdom but does not include a fishing vessel; and

“tons” means tons gross tonnage; and the gross tonnage of a ship having alternative gross tonnages shall be the larger of those tonnages.

(3) The Interpretation Act 1889(c) shall apply to the interpretation of these Regulations as it applies to the interpretation of an Act of Parliament.

Scales of provisions and water

2. Subject to the provisions of these Regulations and of the Schedule hereto, there shall be provided for each seaman employed in a ship of not less than 80 tons other than—

- (a) a ship in which the crew furnish their own provisions and water;
- (b) a ship belonging to a general lighthouse authority; or
- (c) a pleasure yacht;

provisions and water in accordance with the scales referred to in regulation 3; and in these Regulations each such scale is, in relation to a seaman to whom it applies, referred to as the “appropriate scale”.

(a) 1970 c. 36.

(b) See the Secretary of State for Trade and Industry Order 1970 (S.I. 1970/1537 (1970 III, p. 5293)).

(c) 52 & 53 Vict. c. 63.

3.—(1) In relation to a seaman other than a seaman who is ordinarily resident in India, Pakistan, Bangladesh, Singapore or Hong Kong, the appropriate scale is Scale I set out in the Schedule to these Regulations (together also with such quantities of sugar, milk and butter as are required for cooking) or such other scale so set out as may be agreed between the seaman and his employer.

(2) In relation to a seaman who is ordinarily resident in India, the appropriate scale is Scale II set out in that Schedule.

(3) In relation to a seaman who is ordinarily resident in Pakistan, the appropriate scale is Scale III set out in that Schedule.

(4) In relation to a seaman who is ordinarily resident in Bangladesh, the appropriate scale is Scale III set out in that Schedule.

(5) In relation to a seaman who is ordinarily resident in Singapore or in Hong Kong, the appropriate scale is Scale IV set out in that Schedule.

Requirements relating to Scales I to IV

4. The provisions and water provided in accordance with these Regulations—

- (a) shall be of fine, first, good or prime quality, as may, in the case of any particular provision, be appropriate;
- (b) shall not contain anything which is likely to cause sickness or injury to health or which renders any provision or water unpalatable; and
- (c) shall otherwise be fit for consumption.

5.—(1) Subject to the provisions of this regulation and of the appropriate scale, where the quantities of provisions and water are prescribed by reference to a week, those provisions and water shall be provided in each week (reckoned from the day when the seaman begins living on board the ship); provided that—

- (a) the water described in paragraph 1 of each scale and the bread, bacon or ham, fresh meat and potatoes described in paragraphs 2, 3, 4 and 6 respectively of Scale I shall be provided daily in approximately equal amounts; and
- (b) the provision of all other provisions shall be reasonably distributed throughout each week.

(2) In the case of a seaman who lives on board the ship for a consecutive number of days fewer than 7 or for a consecutive number of days after the end of a period being a multiple of 7 days, the quantities of provisions and water to be provided for him shall, where quantities are prescribed in the appropriate scale by reference to a week, be reduced during any such consecutive number of days to the proportion of those quantities which such consecutive number of days bears to 7.

6. Where, in any paragraph in any scale, more than one provision is specified, subject to that paragraph, the prescribed quantity may be made up of one of, or of any combination of, those provisions.

7. Except where otherwise prescribed in column 2 or column 3, as the case may be, in any paragraph in any scale, the quantity of provisions to be provided in accordance with regulations 8 and 9 shall be the same as that prescribed in column 1 in that paragraph.

Requirements relating to Scale I

8.—(1) Where in any paragraph of Scale I an equivalent provision is described in column 2, that provision may be provided instead of the standard provision described in column 1; but such an equivalent provision shall not be provided on more than 3 days in any week unless on any day it is not practicable to provide the standard provision.

(2) Where it is not possible to provide either the standard provision described in column 1 in any paragraph of Scale I or the equivalent provision described in column 2 in the same paragraph, the substitute provision described in column 3 in that paragraph shall be provided.

Requirements relating to Scales II, III and IV

9. Where it is not practicable to provide a provision described in column 1 in any paragraph of Scale II, III or IV, the substitute provision described in column 2 in the same paragraph shall be provided.

*Requirements relating to Scales II and III***10.** During—

- (a) the period beginning on 1st October and ending on 31st March, when the ship is north of 30° north latitude in the Atlantic Ocean or elsewhere north of 24° north latitude; and
- (b) the period beginning on 1st May and ending on 30th September, when the ship is south of 30° south latitude;

Scales II and III shall have effect as set out in the Schedule, except that the following paragraphs of those Scales shall have effect as if for the quantities therein specified in column 1 there were substituted—

- (i) in Scale II—
 - in paragraph 12 (ghee), 50 g daily;
 - in paragraph 19 (tea or powdered coffee), 20 g daily;
 - in paragraph 20 (sugar), 55 g daily;
 - in paragraph 21 (condensed milk), 285 g weekly;
 - in paragraph 23 (eggs), 5 per week;
- (ii) in Scale III—
 - in paragraph 5 (ghee), 3 oz daily;
 - in paragraph 7 (fresh fish), 12 oz 3 days a week;
 - in paragraph 8 (fresh meat), 12 oz 3 days a week;
 - in paragraph 12 (tea or coffee), 1 oz daily;
 - in paragraph 13 (sugar), 3 oz daily;
 - in paragraph 14 (condensed milk), 12 oz weekly;
 - in paragraph 23 (salt), 1 oz daily.

Weighing and measuring equipment

11. There shall be carried in every ship to which regulation 2 applies such weighing and measuring equipment as may be necessary to ensure that the quantities of provisions and water supplied to seamen employed in the ship are in accordance with these Regulations.

Michael Heseltine,

Minister for Aerospace and Shipping,
Department of Trade and Industry.

30th November 1972.

THE SCHEDULE

Provisions and water to be provided for seamen

SCALE I

Provisions and water for seamen not ordinarily resident in India,
Pakistan, Bangladesh, Singapore or Hong Kong

	Column 1 Standard provisions (Quantities per week)	Column 2 Equivalent provisions (Quantities per week)	Column 3 Substitute provisions (Quantities per week)
1.	Water. 28 quarts.	—	—
2.	Bread. 7 lb.	—	Rice or potatoes.
3.	Bacon or Ham. 12 oz.	—	Smoked fish, kippers, tinned salmon, herrings, pilchards, or sardines in the proportion of 1½ lb. to 1 lb. of ham or bacon.
4.	Fresh Meat 7 lb. 4 oz. (The weight of fresh meat is the weight, including fat and bone, before preparation for cooking; 80 lb. of boneless trimmed jointed meat being treated as equal to 100 lb. of fresh meat).	As to 4 lb. 8 oz.—none. As to 2 lb. 12 oz.— (a) fresh offal (not exceeding 1 lb. per week); (b) fresh sausage (not exceeding 1 lb. per week); (c) poultry (not exceeding 1 lb. per week) in the proportion of 1 lb. to 12 oz. of fresh meat; (d) fresh fish (not exceeding 1½ lb. per week) in the proportion of 1½ lb. to 1 lb. of fresh meat.	— Preserved meat or canned sausage in the proportion of ½ lb. to 1 lb. of fresh meat. —
5.	Eggs. 5—for not less than the first 6 weeks of a voyage, and thereafter when available.	—	Fresh meat, bacon or ham in the proportion of 1½ oz. to 1 egg.
6.	Potatoes. 7 lb.—for not less than the first 8 weeks of a voyage, and thereafter when available.	—	(a) rice, yams, sweet potatoes, bread or vegetables preserved in tins; (b) dehydrated potatoes or dehydrated vegetables in the proportion of 1 lb. to 6 lb. of fresh potatoes.
7.	Peas, split or lentils. 4 oz.	—	—

	Column 1 Standard provisions (Quantities per week)	Column 2 Equivalent provisions (Quantities per week)	Column 3 Substitute provisions (Quantities per week)
8.	Fresh Vegetables 3 lb. 8 oz. (including salads).	Frozen vegetables in the proportion of 5 oz. to 8 oz. of fresh vegetables.	(a) Tinned Vegetables; (b) Green peas, haricot or butter beans or dehydrated vegetables in the proportion of 3 oz. to 8 oz. fresh vegetables.
9.	Flour. 1 lb.	—	—
10.	Rice. 6 oz.	—	Potatoes, Breakfast Cereal, Oatmeal or Rolled Oats.
11.	Fresh Fish. 8 oz.	—	Tinned salmon, herrings, pilchards or sardines in the proportion of 1 oz. to 2 oz. fresh fish.
12.	Breakfast Cereal, Oatmeal or Rolled Oats. 6 oz.	—	Potatoes, rice.
13.	Tea. 4½ oz.	—	(a) Coffee in the pro- portion of 2 oz. to 1oz. tea; (b) Cocoa or drinking chocolate in the pro- portion of 3 oz. to 1oz. tea; (c) Instant coffee in the proportion of ½ oz. to 1 oz. tea.
14.	Coffee 2 oz. (containing not more than 25% chicory); or Instant Coffee; ½ oz. or Cocoa or Drink- ing Chocolate. 3 oz.	—	Tea in the proportion of ½ oz. to 1 oz. Coffee, 1½ oz. of Cocoa or Drinking Chocolate, or 2 drams Instant Coffee.
15.	Sugar. 1½ lb.	—	—
16.	Fresh Milk 2½ pts. (Homogenized); or Ultra Heat Treat- ed Milk; 2½ pts. or Milk, Condensed. 18 oz.	—	Dried Milk 8 oz.
17.	Butter. 10½ oz.	—	(a) Marmalade 21 oz. (b) Syrup 21 oz. (c) Jam 21 oz.
18.	Suet. 2 oz.	—	—
19.	Cooking Fat or Oil or Margarine. 4 oz.	—	—

	Column 1 Standard provisions (Quantities per week)	Column 2 Equivalent provisions (Quantities per week)	Column 3 Substitute provisions (Quantities per week)
20.	Jam or Marmalade. 8 oz.	—	(a) Cheese 4 oz; (b) Syrup 8 oz.
21.	Cheese. 5 oz.	—	(a) Marmalade 10 oz; (b) Jam 10 oz; (c) Syrup 10 oz.
22.	Pickles. 3 oz.	---	---
23.	Bottled Sauces. 2 oz.	---	---
24.	Onions, fresh, store or dried. 8 oz.	—	(a) Onions or other vegetables preserved in tins—8oz.; (b) Dehydrated onions or other vegetables—1 oz.
25.	Dried Fruit (raisins, sultanas, currants, figs, prunes, apples, pears, peaches, apricots and dates). 3 oz.	---	---
26.	Fresh Fruit, 6 oz. when available.	---	---
27.	Fresh Fruit (when available), Frozen Fruit or Tinned Fruit 6 oz.	---	---
28.	Fine Salt. 2 oz.	---	---
29.	Mustard. ¼ oz.	---	---
30.	Pepper. ¼ oz.	---	---
31.	Curry Powder. ¼ oz.	---	---

SCALE II

Provisions and water for seamen ordinarily resident in India

	Column 1 Standard provisions	Column 2 Substitute provisions
1.	Water. 28 quarts weekly	185 g biscuits, and 60 g sugar additional to the quantity specified in item 20 in place of both rice and dal.
2.	Rice. 400 g daily	
3.	Dal (Tour, Moong Masoor, or Split Peas). 85 g daily	

	Column 1 Standard provisions	Column 2 Substitute provisions
4.	Flour, or Atta and Bread (in port only). 170 g daily of which at least 85 g shall be flour or atta.	Biscuits (in place of bread only)
5.	Flour or Atta (at sea). 170 g	
6.	Fresh Fish, whole. 220 g three days a week	Tinned fish or pickled herrings in the proportion of 1 to 2.
7.	Fresh Meat. (Mutton shall be provided for seamen who object to beef or pork.) 340 g three days a week	
8.	Potatoes. 115 g daily	
9.	Onions. 115 g daily	
10.	Fresh Vegetables (The same vegetables shall not be repeated for more than 2 consecutive days). To provide variety, beans, brinjals, brussels sprouts, cabbage, cauliflower, ladies fingers, capsicum or peas or other suitable alternatives shall be provided. Tomatoes are to be provided, as far as possible at least once a week. 115 g daily	Dehydrated vegetables in the proportion of 1 to 4.
11.	Edible Oil (being Til or Kardai Oil for Bombay seamen and Mustard Oil for Calcutta seamen). 25 g daily	Coconut Oil or Ground Nut Oil.
12.	Ghee. 35 g daily	
13.	Curry Stuff. (Out of 25 g of curry stuff, 18 g shall consist of red chillies, coriander seeds, turmeric, mustard and fresh coconut, and 7 g of Garam Masala, i.e. cinnamon, cloves, cardamoms, cummin seeds, black pepper, poppy seeds, nutmeg, mace and dry or green garlic.) 25 g daily	Desiccated or dry coconut instead of fresh coconut.
14.	Tamarind or Cocum. 15 g daily	
15.	Salt. 25 g daily	
16.	Pickles or Chutney. 15 g daily	
17.	Butter (in port only). 30 g daily	
18.	Jam (in port only). 10 g daily	
19.	Tea or Powdered Coffee. 10 g daily	Instant coffee in the proportion of 1 to 4.
20.	Sugar. 45 g daily	
21.	Condensed Milk. 230 g weekly	
22.	Chicken (New York Dressed). 225 g weekly	

	Column 1 Standard provisions	Column 2 Substitute provisions
23.	Eggs. 1 each alternate day	
24.	Lime Juice. 30 g daily	Ascorbic tablets (50 mg) or multi-vitamin tablets (100 mg).
25.	Fruit. 1 whole piece or 115 g on each alternate day.	

SCALE III

Provisions and water for seamen ordinarily resident in Pakistan

Provisions and water for seamen ordinarily resident in Bangladesh

	Column 1 Standard provisions	Column 2 Substitute provisions
1.	Water. 28 quarts weekly	
2.	Atta or Rice. 16 oz. weekly	8 oz. biscuits and 2 oz. sugar additional to the quantity specified in Item 13 in place of standard provisions 2 and 3.
3.	Dal. 3 oz. daily	
4.	Flour or bread and biscuits. 6 oz. daily, of which at least 4 oz. shall be flour or bread	
5.	Ghee. 2½ oz. daily	
6.	Curry Stuff. (In 1 oz. curry stuff, 12 drams shall consist of red chillies, coriander seeds, turmeric, mustard, garlic and ginger and 4 drams hot spices (i.e. cinnamon, cloves, cardamoms, cummin seeds, black pepper and poppy seeds).)	1 oz. daily
7.	Fresh Fish, whole including heads and tails. 10 oz. three times a week	Dried fish or, if not available tinned fish or pickled herrings
8.	Fresh Meat (without bone but with normal fat). (Mutton shall be provided for seamen who object to beef). Mutton and beef of slaughtered animals shall be provided for Muslims.) 10 oz. three times a week	
9.	Vegetables. (Cabbage and other fresh green indigenous vegetables). 6 oz. daily	
10.	Potatoes. 4 oz. daily	
11.	Onions. 2 oz. daily	

	Column 1 Standard provisions	Column 2 Substitute provisions
12.	Tea or Coffee. (If Instant Coffee is supplied it shall be in proportion of 1 oz. instant coffee to 4 oz. coffee.)	$\frac{1}{2}$ oz daily
13.	Sugar.	$2\frac{1}{2}$ oz. daily
14.	Condensed Milk.	10 oz. weekly
15.	Mustard Oil.	0.88 oz. daily
16.	Tamarind, Chutney or Pickles.	0.6 oz. daily
17.	Lime Juice.	3 oz. daily
18.	Chicken.	10 oz. weekly
19.	Eggs.	1 daily
20.	Fruit.	4.05 oz. on alternate days
21.	Butter (in port).	1 oz. daily
22.	Jam (in port).	6 drams daily
23.	Salt.	$\frac{1}{2}$ oz. daily

Other edible oil.

SCALE IV

Provisions and water for seamen ordinarily resident in Singapore
 Provisions and water for seamen ordinarily resident in Hong Kong

	Column 1 Standard provisions	Column 2 Substitute provisions
1.	Water.	28 quarts per week
2.	Rice.	1 lb. 6 oz. daily
3.	Vegetables (in port).	$\frac{1}{2}$ lb. daily
4.	Potatoes (at sea).	$\frac{1}{2}$ lb daily
5.	Beef, Pork or Poultry.	4 lb. 11 oz. per week
6.	Fish (gross weight before preparation for cooking).	$1\frac{1}{2}$ lb. per week
7.	Bread.	2 lb. per week
8.	Jam.	$\frac{1}{4}$ lb. per week
9.	Butter.	$\frac{1}{4}$ lb. per week

Preserved meat in the proportion of 1 to 2.

	Column 1 Standard provisions	Column 2 Substitute provisions
10.	Lard. $\frac{1}{4}$ lb. per week	
11.	Sugar. 1 lb. per week	
12.	Tea. 2 oz. per week	
13.	Coffee. 2 oz. per week	Instant coffee. $\frac{1}{2}$ oz. per week
14.	Milk, sweetened, condensed. 7 oz. per week	
15.	Mustard. $\frac{1}{4}$ oz. per week	
16.	Pepper. $\frac{1}{4}$ oz. per week	
17.	Curry Powder. $\frac{1}{2}$ oz. per week	
18.	Salt. 1 oz. per week	

EXPLANATORY NOTE

(This Note is not part of the Regulations.)

These Regulations, which supersede existing provisions, set out the requirements as to provisions and water to be provided for seamen employed in ships (other than fishing vessels) registered in the United Kingdom.

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