

SCHEDULE 1

Regulation 4(1)(b)(i)

FACTORS TO WHICH THE EMPLOYER MUST HAVE REGARD  
AND QUESTIONS HE MUST CONSIDER WHEN MAKING  
AN ASSESSMENT OF MANUAL HANDLING OPERATIONS

**Commencement Information**

**II** Sch. 1 in force at 1.1.1993, see reg. 1

Column 1 <i>Factors</i>	Column 2 <i>Questions</i>
1. The tasks	<b>Do they involve:</b> <ul style="list-style-type: none"><li>— holding or manipulating loads at distance from trunk?</li><li>— unsatisfactory bodily movement or posture, especially:<ul style="list-style-type: none"><li>— twisting the trunk?</li><li>— stooping?</li><li>— reaching upwards?</li></ul></li><li>— excessive movement of loads, especially:<ul style="list-style-type: none"><li>— excessive lifting or lowering distances?</li><li>— excessive carrying distances?</li></ul></li><li>— excessive pushing or pulling of loads?</li><li>— risk of sudden movement of loads?</li><li>— frequent or prolonged physical effort?</li><li>— insufficient rest or recovery periods?</li><li>— a rate of work imposed by a process?</li></ul>
2. The loads	<b>Are they:</b> <ul style="list-style-type: none"><li>— heavy?</li><li>— bulky or unwieldy?</li><li>— difficult to grasp?</li><li>— unstable, or with contents likely to shift?</li><li>— sharp, hot or otherwise potentially damaging?</li></ul>
3. The working environment	<b>Are there:</b> <ul style="list-style-type: none"><li>— space constraints preventing good posture?</li><li>— uneven, slippery or unstable floors?</li><li>— variations in level of floors or work surfaces?</li><li>— extremes of temperature or humidity?</li><li>— conditions causing ventilation problems or gusts of wind?</li><li>— poor lighting conditions?</li></ul>
4. Individual capability	<b>Does the job:</b> <ul style="list-style-type: none"><li>— require unusual strength, height, etc?</li></ul>

**Changes to legislation:** There are currently no known outstanding effects for the The Manual Handling Operations Regulations 1992, SCHEDULE 1. (See end of Document for details)

Column 1 <i>Factors</i>	Column 2 <i>Questions</i>
5. Other factors	— create a hazard to those who might reasonably be considered to be pregnant or to have a health problem? — require special information or training for its safe performance?  <b>Is movement or posture hindered by personal protective equipment or by clothing?</b>

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