

SCHEDULE

Regulation 5(2)(a)

The factors to which the employer must have regard and questions he must consider when making an assessment of manual handling operations or providing instruction for workers.

Commencement Information

II Sch. in force at 31.12.1998, see [reg. 1\(1\)](#)

<i>Column 1</i> <i>Factors</i>	<i>Column 2</i> <i>Questions</i>
1 The task	<p>Does it involve:</p> <ul style="list-style-type: none"> — activity which is too strenuous; — holding or manipulating loads at distance from trunk; — unsatisfactory or unstable bodily movement or posture, especially: twisting the trunk? stooping? reaching upward? — excessive movement of loads, especially: excessive lifting or lowering distances? excessive carrying distances? — risk of sudden movement of loads? — frequent or prolonged physical effort, particularly affecting the spine? — insufficient rest or recovery periods? — a rate of work imposed by a process?
2 The load	<p>Is it:</p> <ul style="list-style-type: none"> — bulky or unwieldy or difficult to grasp? — unstable, or with contents likely to shift? — likely, because of its contours and/or consistency, to injure workers, particularly if the individual collides with someone or something? — heavy?
3 The working environment	<p>Are there any:</p> <ul style="list-style-type: none"> — space constraints preventing handling loads at a safe height or with good posture? — uneven, slippery or unstable deck surfaces? — variations in level of deck surfaces (eg door sills) or work surfaces?

Changes to legislation: There are outstanding changes not yet made by the legislation.gov.uk editorial team to *The Merchant Shipping and Fishing Vessels (Manual Handling Operations) Regulations 1998*. Any changes that have already been made by the team appear in the content and are referenced with annotations. (See end of Document for details) [View outstanding changes](#)

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4 Individual capability	Is the individual: <ul style="list-style-type: none">— extremes of temperature or humidity?— physically unsuited to carry out the task, either because of the nature of the task or because of a need to protect an individual from a danger which specifically affects him?— wearing unsuitable clothing footwear or other personal effects?— inadequately experienced or trained?

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Changes and effects yet to be applied to :

- Sch. coming into force by [S.I. 1998/2857 reg. 1\(1\)](#)