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STATUTORY INSTRUMENTS

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**2020 No. 1045**

**The Health Protection (Coronavirus, Restrictions)  
(Self-Isolation) (England) Regulations 2020**

**PART 1**

**Interpretation of Part 1**

**5.** In Part 1—

“adult” means a person aged 18 or over;

“child” means a person aged under 18;

“close contact” means—

- (a) having face-to-face contact with someone at a distance of less than 1 metre,
- (b) spending more than 15 minutes within 2 metres of an individual,
- (c) travelling in a car or other small vehicle with an individual or in close proximity to an individual on an aeroplane;

“P” means a person subject to the self-isolation requirement in regulation 2(2);

“R” and “responsible adult” mean an adult who has—

- (a) custody or charge of a child for the time being, or
- (b) parental responsibility for a child within the meaning given in section 3 of the Children Act 1989.