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WELSH STATUTORY INSTRUMENTS

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**2001 No. 1784**

**The Education (Nutritional Standards for  
School Lunches) (Wales) Regulations 2001**

**Nutritional requirements for pupils at secondary schools**

5.—(1) The requirements specified in paragraph (2) shall be complied with in the provision of school lunches for registered pupils at secondary schools other than special schools.

(2) On each day two types of food from each of groups A, B, C and D shall be available so that:

(a) within group A

(i) fresh fruit, fruit tinned in juice or fruit salad shall be available every day;

(ii) a fruit based dessert shall be available at least twice in any week;

(iii) two types of vegetable (which do not fall within group B) shall be available every day;

(b) within group B, on every day that a food cooked in oil or fat is available a food not cooked in fat or oil shall also be available. The fat or oil used shall be of the polyunsaturated or monounsaturated variety;

(c) within group C

(i) fish shall be available on at least two days in any week;

(ii) meat cuts shall be available on at least three days in any week.